

# ORTHOPEDIC UNIT



Psychiatric unit is a health care facility providing inpatient and outpatient therapeutic services to clients with behavioral or emotional illnesses.

## PERSONNEL

- Psychiatrist
- clinical psychologist
- psychiatric social worker
- occupational therapist
- psychiatric nurses
- psychiatric aides

## EQUIPMENT

- Lithium Analyzer
- BioFeed-back Instruments
- E.E.G Machine
- E.C.G Machine
- E.C.T Machine preferably with E.E.G monitoring

## CONVERSATION

**Patient:** Hi. I would like to seek medical help.

**Doctor:** Alright. Tell me what you're feeling.

**Patient:** Just a week before, I'd been leading a normal life. In fact, life was good: I had a couple of great friends and had recently been married. My husband Evans and I were living in a beautiful rented home, and my career as a writer was flourishing. Evans, a web developer, was also doing well. I was on top of the world until everything changed overnight.

**Doctor:** What happened?

**Patient:** It started with a feeling when I couldn't get out of bed for work one Monday morning but after a few days of being slumped on the sofa, I began to feel overwhelmed by feelings of worthlessness, failure and guilt. I kept having this image of myself lying in a bathtub with slashed wrists. I would shake uncontrollably, twitch nervously and had ferocious nightmares when I managed to sleep. Work emails went unanswered; calls from family and friends were ignored and if my husband tried to suggest something to make me feel better, he would experience the temper I didn't even know I had. I couldn't help myself. Nothing had changed in my life, yet I was hopeless and wanted life to end. I had no idea why this was happening and I was terrified of what I didn't know. I had suffered from depression for years and at 24 I was put on an antidepressant, Citalopram; with this, my moods -settled with just occasional bouts of feeling low. But this was the worst bout of depression I had ever experienced.

**Doctor:** Are you here all by yourself?

**Patient:** No. I'm with my husband and my close friend Beth.

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**Doctor:** Good. I can say you can have care from a home treatment team to help your anxiety. You also can also choose to be admitted in our facility if you'd like.

**Patient:** Care from a home treatment team?

**Doctor:** A team of health care professionals would be on call 24 hours a day, would turn up at -random intervals, offer -counseling and change your medication if they saw fit.

**Patient:** I think I better have the care from a home treatment team than to be admitted. Can I discuss it with my husband first?

**Doctor:** Sure thing. I'd like to talk to him too.