

DELIVERY ROOM



Delivery room is a hospital room especially equipped for the delivery of pregnant women

PERSONNEL

- Doctor
- Midwife
- Labor Nurse
- OB Tech
- Nursery Nurse
- Specialists (anesthesiologists, pediatricians, neonatologists, surgeons)

EQUIPMENT

- birthing bed
- vital signs monitor
- IV infusion pump
- newborn warmer

CONVERSATION

Nurse: Hello, Mrs. Vera. How are you holding up with your labor?

Patient: Hi. The pain is getting worse so I told my husband to bring me here. Is Dr. Sue here?

Nurse: No, she's not here today. Is she your main practitioner?

Patient: Yes, she is. Is it possible to call her and have her checked my status?

Nurse: Sure. While waiting for her, I'll have a nurse do vaginal exam on you. Is that okay?

Patient: What is it that she'll be doing?

Nurse: She'll be performing an internal examination on you. With this procedure, we will be able to monitor the status of your cervix. The woman's cervix is checked for how open or dilated your cervix is. This is measured from 1 to 10 centimeters with 10 cm being fully open or fully dilated thus your baby is already on the way. We could also estimate how far is your baby's head has come down into the pelvis. Your baby's position could also be determined whether the baby is lying posteriorly or anteriorly. This usually can be felt if the cervix is more than 4 centimeters dilated but can sometimes be difficult to accurately determine also.

Patient: How is she going to do the procedure?

Nurse: She'll be putting on a sterile glove. An antiseptic cream will be applied to her first and second fingertips. 2 fingers are then gently inserted into your vagina, so she can examine your cervix.

Patient: Oh goodness! That sounds painful.

Nurse: I'm afraid it is but it's the only way we can monitor you and your baby.

Patient: Okay. I'll do whatever it takes to safeguard my first born.

Nurse: Good.